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## Cyclist badly hurt after car hits him

**ACCIDENT** Two days after five cyclists were seriously injured in a hit-and-run collision, a 22-year-old male cyclist suffered life-threatening injuries after being struck by a vehicle in the city's east end.

At 11 p.m. Tuesday, paramedics attended a call in the area of Blair and Ogilvie roads, where they found an unconscious male with a head injury.

Earlier this week, an Ottawa man was charged after five cyclists suffered serious to life-threatening injuries in a hit-and-run collision in the city's west end Sunday morning. The injured cyclists remain in hospital.

TRACEY TONG/METRO OTTAWA

**Relating** pg 5

## Gay penguin break up a metaphor

**FocusOn FirstNations**

**Metro Canada continues its focus on First Nations and Aboriginal news, community issues, arts and culture as part of a special series coinciding with the Assembly of First Nations convention ending today in Calgary.**

- Today
- **First Nations business leaders who are making a difference, page 5**
- **David Wolfman (below) cooks up some Native fusion cuisine, page 11**
- **Angela DeMontigny shows off First Nations styles, page 12**
- **Using literature to break down barriers, page 13**

PHOTOS BY TODD KOROL/REUTERS

Chief Shawn Atleo, left, from the Ahousaht First Nation in British Columbia and Chief Perry Bellegarde from Little Black Bear First Nation in Saskatchewan are locked in a title battle in the election of the new national chief at the Assembly of First Nations annual meeting in Calgary, yesterday. After three ballots only one vote separates the two contenders.

# Too close to call

## Deadlocked race for national chief goes into overtime

AMY GREGSON
for Metro Canada

**The election for the national chief of the Assembly of First Nations went into deadlock last night with a single vote separating the two remaining candidates.**

After three ballots, Shawn Atleo was leading over Perry Bellegarde as both vied for support from chiefs from across the nation at the 30th AFN conference being held in Calgary.

"I'm going to listen to my elders," said Bellegarde after the third vote. "I'm going to stay."

Atleo said he is excited and that the vote shouldn't reflect that the AFN is divided.

A 60 per cent majority is needed to achieve the leadership according to the AFN charter.

After the first ballot, in which Atleo led with 43 per cent of the vote followed by Bellegarde with 29 per cent, the other three candidates, John Beaucage, Terrance Nelson and Bill Wilson all withdrew and threw their support behind Bellegarde.

The second vote also ended in a deadlock.

Chief Charles Weasel Head said before the third ballot that he would be surprised if a clearer gap emerged.

Weasel Head said that the caucusing among the provinces during the time between the ballots is very important.

This includes trying to make deals to sway the different chiefs over to the other side.

Karyn Pugliese with the AFN said the vote could go on for a while and there will be no national chief until someone withdraws or the 60 per cent majority is achieved.

"They are going to have to try and work something out," said Pugliese.

Pugliese said what might start to happen is that chiefs stop voting. This was seen between the second and third votes as 17 less ballots were cast.

Atleo is the British Columbia regional chief with the B.C. Assembly of First Nations.

Bellegarde is currently a councillor for the Little Black Bear First Nation in Saskatchewan.

## Different tunes playing at LeBreton

TRACEY TONG
tracey.tong@metronews.ca

**ORCHESTRA** On the heels of Ottawa Bluesfest, a different kind of music will be showcased at LeBreton Flats starting tonight.

The third annual Orchestras in the Park — a four-concert outdoor festival — will allow orchestra buffs, families and newbies alike the opportunity to check out the National Arts Centre Orchestra at an unbeatable price: Free.

The festival features three NAC Orchestra concerts and one by the Orchestre de la francophonie canadienne starting at 7:30 p.m. through Sunday.

Concerts, which run 90 minutes, feature the NAC Orchestra performing Classics and Kuertis tonight, Opera Under the Stars tomorrow, Cape Breton fiddler Natalie MacMaster with the NAC orchestra on Saturday and Orchestre de la francophonie canadienne's performance of Beethoven's Fifths on Sunday.

"The concerts have been really successful," said National Arts Centre Orchestra spokeswoman Jane Morris. "We had 22,000 people last year and we're hoping to break that this year. I think this is our strongest lineup ever."

The event not only gets the NAC Orchestra out into the community, it introduces music lovers to a new genre of music in a relaxed setting, Morris said.

LeBreton Flats is a "fantastic venue," she added.

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**Microchip clinic for pets Sunday**

The Ottawa Humane Society is holding a microchip clinic for dogs and cats on Sunday. The clinic is held at the shelter's Champagne Avenue location from 10 a.m. to 1 p.m. and costs $45 per animal, $85 for two and $125 for three. METRO OTTAWA

# Local

## SENSational rides for mental health

**Dozens of participants will take part in the first SENSational Ride for Mental Health at Scotiabank Place today. Held in support of the Royal Ottawa Foundation for Mental Health, the event will see individuals — who all raised a minimum of $500 to have the opportunity to train inside the Senators Strength and Conditioning Centre — compete in a stationary bike challenge.** METRO OTTAWA

## Stop signs to go for traffic flow

**FRIEL STREET** In a bid to improve traffic flow and reduce noise and emissions around construction at King Edward Avenue and Rideau Street, the city is removing stop signs at three intersections on Friel Street, starting Aug. 4.

Cyclists, pedestrians and vehicles travelling east-west across Friel are being advised to use caution at Besserer, Wilbrod and Stewart streets.

METRO OTTAWA

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What's online today.

**Video** Troubling questions arise in the case of four

women found dead in a submerged car after rumours of arrests. Watch at **metronews.ca/canada**

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**Daily Keno:** 5, 6, 10, 17, 20, 22, 23, 24, 25, 30, 42, 46, 49, 52, 54, 55, 56, 62, 65, 70
These results are not official.

TIM WIECLAWSKI/METRO OTTAWA

Ten-year-old Junghwan Lee performs at an event to announce more than $210,000 in funding to help market Chamberfest yesterday at Cafe Paradiso on Bank Street. Lee will perform in the Ottawa International Chamber Music Festival's Junior Rising Stars Concert on Aug. 3. More coverage, page 9

# Chamberfest receives $210K

People come from far and wide to attend the Ottawa International Chamber Music Festival, and with a little help from the federal government, festival organizers are hoping to get a few more people from even further away.

Yesterday, Ottawa-Orleans MP Royal Galipeau announced more than $210,000 in funding to expand festival marketing, introduce new programming and to improve the presentation. The increased marketing, said Galipeau, will be targeted at major cities in Canada, the United States, Great Britain and Europe.

"These efforts will help increase tourism and benefit the hotels and business of Ottawa and its surrounding areas," said Galipeau.

Ottawa Chamber Music Festival executive director Glen Hodgins said festivalgoers will notice improved projection and lighting at the St. Brigid's performances. The festival will have a greater presence in Ottawa from improved signage, and an expanded box office system should make it easier for people to purchase tickets.

"This is an amazing announcement," said Hodgins. "There is a perception that chamber music is just classical and romantic, but in fact it is a growing, dynamic, evolving, exciting art form and our goal is to let people experience the variety."

TIM WIECLAWSKI/METRO OTTAWA

### Funding

- The additional funding is already having an impact. Ottawa Chamber Music Festival executive director Glen Hodgins said yesterday that Gypsy violinist Roby Lakatos, from Hungary, will make his Ottawa debut July 29.

# Step up to an old-time fair

## Carnival evokes Depression era

TRACEY TONG
tracey.tong@metronews.ca

**People who missed the debut year of Ottawa's most unique carnival might think they're walking into a small-town fair when Carnivale Lune Bleue opens tonight.**

But attendees at this year's event — with a new location in Ottawa's core — will find a Depression-era carnival.

Through Aug. 30, world-class acrobats, a circus sideshow and some of the biggest snakes to slither in Ottawa will take over Hog's Back Park. Combined with a vintage midway, a clairvoyant caravan and old-time carnival food, attendees will feel they've stepped back in time, said the carnival's director of media relations.

"It's very different from anything they've ever experienced before," said Stephanie Egan. "Last year, a lot of older people came through and couldn't believe it — this was the way it was when they were kids."

The carnival was held in Kars its debut year, but organizers moved the carnival this year in hopes that more could attend.

### Under the big top

- The carnival features a midway, including a fully restored 1917 Ferris wheel, a 1938 carousel and an original Cirque du Soleil big top tent, said Stephanie Egan, director of media relations.

The Congress of Wonders includes some "oddities," including items from the 1939 World's Fair and Hollywood movie props, said Egan.

Under the big top, Cirque Maroc is a world-class act performing dance, tightrope and other acrobatics.

The Carnival Diablo — a sideshow where performers do sword swallowing, fire eating, the bed of nails and the human dartboard, may not be appropriate for young children, while the Great Snakes of the World show — featuring the giant rock python, which is the length of two small cars — may be an opportunity to confront your fears, Egan said.

"Back then, the carnival gave people an escape," said Egan. It hasn't changed, she said, adding that the carnival will be extra popular with more people choosing staycations.

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**Toronto-area programmer launches rodent-killing game**

A Toronto-area computer programmer launched an online video game called Trash Wars in which players are contracted by the city to kill rodents at a dump site. TORSTAR NEWS SERVICE



# Canada

## Via Rail cancels routes as possible strike looms

### 340 engineers poised to walk off the job tomorrow

**Via Rail Canada, the country's national passenger service, has started to cancel long-distance trains ahead of a possible strike by 340 locomotive engineers tomorrow.**

Via said it remains in talks with the Teamsters Canada Rail Conference union, which represents the engineers. The union told Via on Tuesday that it plans to strike tomorrow at noon EST if there is no deal.

Ottawa has appointed a mediator to assist in the talks.

Via has cancelled long-haul trains, between Toronto and Vancouver, to ensure passengers are not stranded if there is a strike, and offering refunds or alternate transportation.

As tomorrow's deadline advances, Via will cancel additional routes. The company will offer alternate transport, "in general," to passengers departing before Friday noon.

If engineers walk off the job Friday, Via will cancel all trains, with the exception of two routes run by a third party.

Via mainly uses track owned by Canadian National Railway. A CN spokesman said the contract was confidential and would not say if a strike would have a financial impact.

About 4.6 million passengers rode Via's trains last year and the government-owned corporation recently said it expected that number to rise by 40 per cent over the next five years due to improvements. REUTERS

**Service**

- Via transports about 11,000 people daily and operates about 500 trains each week over 12,500 kilometers of track across Canada. But rail services are less frequent — and less frequented — than in Europe and other regions.

## Documents explain detention

**LEGAL LIMBO** Suaad Hagi Mohamud was done in by her lips.

A Kenyan official detained the Toronto woman in Nairobi because her lips didn't match the ones in her passport photograph, according to documents released by her lawyer yesterday.

"I find it really troubling that was the basis of stopping her," said Raoul Boulakia, Mohamud's Toronto lawyer.

Documents submitted in a Nairobi court curtly explain why she was detained: "After a comparison was done, it emerged that although the passenger and the passport holder had the same facial features, that passenger's lips were different from that of the passport holder."

TORSTAR FILE PHOTO

Canadian Suaad Hagi Mohamud, currently stranded in Kenya, will have her DNA tested against that of her son and ex-husband to establish her identity.

Mohamud has been marooned in Nairobi since May 17. The 31-year-old mother was on her way back to Toronto when she says a Kenyan officer stopped her at the Nairobi airport for not looking like her four-year-old passport photo.

She spent eight days in jail and was released on bail with no travel papers. TORSTAR NEWS SERVICE

## News in brief

**TAXES** Cattle farmers in the Prairies who have been forced to thin their herds to deal with drought — or excessive rainfall — will be able to defer tax on some income from the sale of breeding stock, the federal Agriculture Department said yesterday. A deep cull of Canadian herds is under way as farmers cope with high feed costs and restrictive U.S. country-of-origin food labelling laws that have reduced exports. REUTERS

## Government closing in on 'Buy American' response

**TRADE** Concerned at being shut out of city and state contracts by "Buy American" rules, Ottawa said yesterday it was close to finalizing a proposal that would open up public procurement to both Canadian and U.S. firms.

Trade Minister Stockwell Day told U.S. Trade Representative Ron Kirk that Ottawa's talks with the provinces are in their final stages and that he "anticipated having a proposal to share with the U.S. very shortly."

The idea is to let firms from both sides of the border bid on provincial, state and city contracts, and not just federal jobs. REUTERS

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**U.S. officials raid Jackson doctor's office**

Officials with the U.S. Drug Enforcement Administration yesterday raided a Houston clinic owned by Conrad Murray, the doctor who was with pop icon Michael Jackson when he died, according to local news reports. Murray has told police he did not inject the singer with painkillers before his cardiac arrest. REUTERS

# World

## Border ruling raises peace hopes

**A court yesterday redrew the boundaries of Sudan's disputed oil-producing Abyei region, ceding key oilfields to north Sudan in a decision hailed as a resolution to a long-standing territorial conflict. Leaders from north and south Sudan pledged to respect the ruling from the Permanent Court of Arbitration in The Hague as more than 1,000 people danced through the streets of Abyei to celebrate the decision.** REUTERS

## South Africa **Public unrest**

SIPHIWE SIBEKO/REUTERS

Protesters chant slogans in South Africa's Siyathemba township yesterday. Protesters hurled stones at police, who responded with tear gas and rubber bullets, after thousands marched through the streets over poor services and unemployment.

# Clinton talks Iran strategy

## Iranians warned nuclear weapons may not make country safer

**U.S. Secretary of State Hillary Clinton sketched out yesterday how the United States might cope with a nuclear Iran — by arming its allies in the Gulf and extending a "defence umbrella" over the region.**

Her comments drew an immediate rebuke from a senior Israeli official, who said the United States should focus on preventing Iran from going nuclear rather than talking as if this may be a fait accompli.

Clinton later said that she was not suggesting a new U.S. policy and reiterated that Iran possessing nuclear weapons would be unacceptable to the United States.

Speaking in Bangkok, Thailand, Clinton said crossing the nuclear threshold would not make Iran, which Washington believes is pursuing nuclear arms, safer. Iran says its nuclear program is meant to generate electricity so it can export more oil and gas.

Asked later at a news conference in the Thai resort of Phuket, where she is to attend Asia's biggest annual security meeting, to flesh out what she meant by a defence umbrella, Clinton said:

"I was simply pointing out that Iran needs to understand that its pursuit of nuclear weapons will not advance its security or achieve its goals of enhancing its power both regionally and globally.

"The focus that Iran must have is that it faces the prospect, if it pursues nuclear weapons, of sparking an arms race in the region. That should affect the calculation of what Iran intends to do and what it believes is in its national security interest because it may render Iran less secure, not more secure." REUTERS

SUKREE SUKPLANG/REUTERS

U.S. Secretary of State Hillary Clinton speaks during a news conference at the Association of Southeast Asian Nations (ASEAN) Regional Forum in Phuket, Thailand, yesterday.

## **News** in brief

**HONDURAS** The Honduran de facto government said yesterday it will send a mediator's proposal for the return of ousted President Manuel Zelaya to Congress and the judiciary. It was the first sign that the interim government might consider allowing the leftist Zelaya to come back home.

**MILITARY** China and Russia were holding a joint military exercise yesterday, with the drill seen as a chance to beef up anti-terrorism co-operation after the recent flare-up of violence in China's Xinjiang region between Muslim Uighurs and Han Chinese.

REUTERS

## Divided French Socialists face existential crisis

**POLITICS** France's Socialist Party, heir to some of the great figures of the European left, is fighting for its life, crippled by internal splits and leaving President Nicolas Sarkozy with no effective opposition.

Centre-left parties across Europe have been struggling generally in recent years. But the problems of France's Socialists, suffering from falling membership and lack of direction, are especially dire.

**"The impression created is one of complete party disunity. There is no clearly defined policy."** Jean-Daniel Levy, pollster

Things have gotten so bad that many of the party's own supporters are openly wondering if it would not be better to clean the slate and start all over again.

"The French Socialist Party is at risk of dying out," Manuel Valls, one of a generation of rising 40-something party cadres, wrote in the Financial Times this week.

Valls, mayor of the town of Evry outside Paris who intends to run in the 2012 presidential election, has proposed dropping the title "Socialist" altogether to rid it of its 19th century associations.

"The impression created is one of complete party disunity," said Jean-Daniel Levy, head of the politics section of polling institute CSA. "There is no clearly defined policy and no clearly accepted leadership." REUTERS

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# Comment & Views

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## Comment

# Penguin pair young and the restless

**Relating**

**Steve Collins**

metronews.ca/collins

I usually eschew celeb news in this column — that's what the Celebrity Buzz pages are for — but the breakup of Pepper and Harry, the San Francisco Zoo's famed gay penguins, seems momentous enough to merit an exception.

As the San Francisco Examiner reported earlier this month, Harry, after six years with Pepper, during which the two males hatched and raised an abandoned chick, has seemingly switched teams, taking up with Linda, a recently widowed female, with whom he's started a family.

The jokes have been irresistible, predictable and a little heartless. It's hard enough to waddle through life under the constant scrutiny of zoo-goers without having to deal with the media as well.

Our species has reacted with all sorts of specious conclusions about same-sex marriage and other overstretched sociological metaphors. A conservative news site decided the split was evidence that nature preferred straight animals — as if Pepper's new love somehow trumped the old one.

Those who oppose homosexuality react, as you might expect, somewhat unfavourably to gay penguins.

**On the web**

- For more views on relating, go to Love Bytes at metronews.ca/blogs

Penguins live about half their life on land and half in the water, so maybe they're just adaptable. Linda and her dear departed mate had two nests, so in penguin terms, she was a rich widow.

The anthropomorphizing continues ad nauseam. It's the nature of the human beast. We lock animals up in zoos to learn about them, in part because they seem so much like us — mating, eating and all the rest, but with much lower incidences of smoking, blogging and organized religion.

Penguins aren't people, and we know it. We're not really talking about the penguins. We're talking about ourselves, thinking in fables. Some very good, long-term relationships run their course, and that can bother the people outside them even more than the principals. When your favourite couple splits up, your relationship with them changes too, and like kids whose parents divorce, you've got no say in the matter. If there's a third party involved, like Linda, they're an easy target for blame.

Nobody else knows what's really going on between any two people (or penguins). Even the lovers themselves may be desperately trying to understand it. And sometimes a penguin is just a penguin.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

## Views

# 5 prominent Aboriginal business leaders

**InBusiness**

**Charles Davies**

If Clint Davis is right, First Nations businesses are about to soar. Davis, president and CEO of the Canadian Council for Aboriginal Business, talks of "a huge blossoming of activity."

The Aboriginal population is growing faster than other segments of Canadian society; land claims settlements have given Aboriginals access to capital for investment and, because of that, more Aboriginals have gone entrepreneurial. A federal study in 2002 concluded that Aboriginals were starting small companies at a rate nine times faster than in the general population. A new generation of business stars has also grown up. Here are five of the most prominent:

Blaine Favel, president and CEO, One Earth Resources Corp.: A Harvard MBA and former grand chief of the Federation of Saskatchewan Indian Nations, develops resource projects with Aboriginal partners. Favel also chairs One Earth Farms Corp., which is investing $27.5 million in corporate farming on Aboriginal lands.

**FocusOn FirstNations**

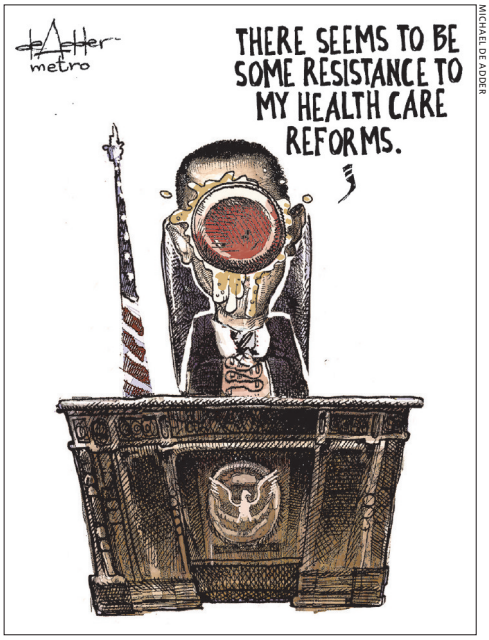
Clarence Louie, CEO, Osoyoos Indian Band Development Corp.: A straight talker who believes First Nations people should concentrate on creating jobs, the Osoyoos B.C. Band chief has built eight businesses involved in construction, forestry, vineyards, retail and golf.

Keith Martell, executive chair, First Nations Bank of Canada: Martell has headed the 13-year bank since its inception, tailoring services for the Aboriginal market through six branches and three community banking centres. Assets have more than doubled to $253 million.

Mike Metatawabin, president, Five Nations Energy Inc: Metatawabin runs Canada's only First Nations-owned electricity transmission company.

Allan McLeod, president and CEO, Tribal Councils Investment Group of Manitoba: TCIG's investments on behalf of 55 First Nations include Arctic Beverages Ltd., a Pepsi/Frito Lay franchise and a health claims processing system, First Canadian Health Management Corp. McLeod oversees annual sales of more than $61 million.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.




MICHAEL DE ADDER

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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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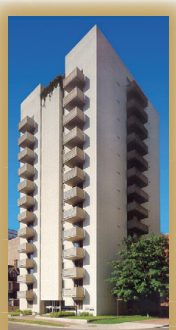

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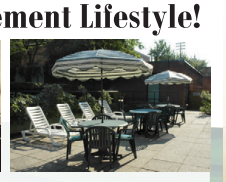
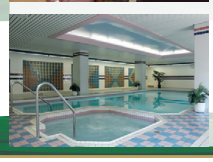
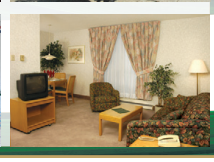

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**Apple profits beat forecasts, buoy Nasdaq**

The Nasdaq rose yesterday for the 11th straight day, buoyed by solid profits from Apple Inc., while disappointing bank results and declining energy shares weighed on the broader market. Apple, up 3.5 per cent at $156.74 US, gave Nasdaq its top boost a day after the iPod and iPhone maker reported a quarterly profit that beat forecasts. REUTERS

# Business

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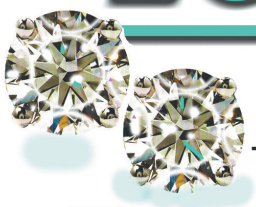
EDITOR: FERMIN.DESOUZA@METRONEWS.CA

LOOK!



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## Suncor posts $51M Q2 loss

**Suncor Energy Inc. sank into the red in the second quarter as skidding oil prices, hedging losses and costs related to project deferrals marred the last reporting period before it closes its $22.5-billion takeover of Petro-Canada.**

Excluding unusual items, Suncor, one of the largest Canadian oilsands producers, made a profit, even as the oil industry struggled with lower commodity prices. But the results lagged expectations.

Suncor sold a higher proportion of lower-quality, high-sulfur crude in the quarter, which was a factor in its weaker than expected showing, said Lanny Pendill, an analyst at Edward Jones. Increases in staff, royalty and tax expenses also played a role, he said.

Suncor lost $51 million, or 6 cents a share, in the second quarter. Excluding unrealized foreign exchange gains on long-term debt, mark-to-market hedging losses and costs related to the project deferrals, the company earned $185 million.

REUTERS

### Shares up 0.2%

- The shares were up 7 cents, or 0.2 per cent, at $36.27 on the TSX late in the session yesterday, recovering from early losses.

## Car sales boost May retail results

**RETAIL** Signs of life in the struggling auto sector led to a surprising jump in Canadian retail sales in May as consumer confidence rebounded from a dismal April.

Statistics Canada said yesterday that retail sales rose by 1.2 per cent in May from April, offsetting April's 0.6 per cent decline. Automotive sector sales were still down 16.5 per cent from May 2008, but they were up 2.4 per cent from April. REUTERS

### Business in brief

**AUTO** Canadian auto parts supplier Magna is still Germany's preferred partner for carmaker Opel, German Chancellor Angela Merkel said yesterday, setting the stage for a showdown with GM over the takeover bids. REUTERS

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**One-third of Australia's curling rocks stolen**

Fifty-eight curling rocks, more than one-third of the rocks in Australia, were stolen from a refrigerated truck sometime between June 16 and July 7 in a Melbourne parking lot, police say. Despite there being only about 150 rocks in the country, Australia is ranked 11th in the world in the sport. METRO NEWS SERVICES

# Sports

## Williams back in school

**Miami Dolphins running back Ricky Williams, left, twice suspended by the NFL for positive drug tests, is using this off-season to attend a massage therapy school in a Florida strip mall, the New York Times reports. Williams has been interested in alternative medicine since Toronto Argonaut trainers used an alternative treatment on his broken arm in 2006.** METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

# Schleck party spoiled

## Brothers move past Armstrong, but can't catch Tour leader

**Frank and Andy Schleck tried with all their might to shake the Tour de France peloton in the 17th stage but they could not topple leader Alberto Contador yesterday.**

The Spaniard spoiled the brothers' party by sticking with them in the last two of five climbs on the final stage in the Alps, strengthening his overall lead with four days left in the race.

"Alberto has now won the Tour," his Astana team chief Alain Gallopin told reporters on the finish line.

The ceaseless efforts of the two riders from Luxembourg were not entirely in vain as Frank won the stage ahead of Contador and the brothers secured places on the podium before a potentially decisive time trial in Annecy.

Andy Schleck is now second overall, 2 minutes 26 seconds behind 2007 champion Contador and Frank is third, 3:25 adrift.

**"Alberto has now won the Tour."**
Alain Gallopin, Astana team chief

"We had nothing to lose at the start, we could only win. We took all the risks, it was make or break and I think we deserved to be rewarded," Frank Schleck said.

"We toughened the race on the Col de Romme, we attacked one after the other and the tactics worked perfectly," he added.

Frank Schleck dedicated the stage victory to his German teammate Jens Voigt, who crashed on the previous stage and was forced out of the Tour with a broken cheekbone.

"Contador had already proved how strong he is. He will be hard to beat, but we wanted to leave our mark on this Tour and I believe we did," said Andy Schleck.

If Contador resisted their repeated strikes on the demanding Col de Romme, climbed for the first time on the Tour, and the final Col de la Colombiere, it was not the case for two other contenders, Lance Armstrong and Briton Bradley Wiggins.

REUTERS


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## Diving Despatie going for gold

MAX ROSSI/REUTERS

Alexandre Despatie, of Laval, Que., competes in the men's 3m springboard diving preliminaries yesterday at the World Championships in Rome, Italy. Despatie finished first in the semifinals ahead of today's final.

# Judge orders release of Coyotes sale info

**PHOENIX** The City of Glendale won't be able to keep its negotiations with potential Phoenix Coyotes owner Jerry Reinsdorf, or any other suitors for the team, as secret as it hoped.

It must be revealed whether the city has offered Reinsdorf any incentives to buy the team, a superior court judge in Arizona has ruled. Glendale wanted to keep such matters private, believing it would harm its ability to close a deal favourable to the city.

However Judge Edward Burke, ruling on a lawsuit filed by the Goldwater Institute, has declared that negotiation records must be disclosed by tomorrow, the same day that Ari™zona bankruptcy court has set as a deadline for bidders wishing to purchase the team to keep it in Arizona.

TORSTAR NEWS SERVICE

## Sports in brief

**ROETHLISBERGER** Police in Nevada said yesterday they have no plans on opening an investigation into allegations that Pittsburgh Steelers quarterback Ben Roethlisberger raped a Canadian woman at a Lake Tahoe hotel-casino a year ago. An official said a criminal complaint would have to be filed in order to trigger an investigation.

**GOLF** After coming within an eight-foot putt of besting all the top young pros at last week's British Open and becoming golf's oldest major champion, Tom Watson will be competing at the Senior British Open when play starts today.

**SOCCER** FIFA fined Ivory Coast's football federation $51,800 yesterday after 22 people died in a stampede at a World Cup qualifying match in March.

METRO NEWS SERVICES

# Blue Jays win slugfest

**MLB RESULTS**

**Cleveland 6 Toronto 10**

AT

**BASEBALL** Marco Scutaro hit a pair of homers and finished with a career-best four RBI, as the Toronto Blue Jays outslugged the Cleveland Indians 10-6 last night.

Vernon Wells had a solo homer for the Blue Jays, who are 6-14 over their last 20 games. Alex Rios and Aaron Hill also had solo blasts in the win. Scott Rolen, Lyle Overbay and Adam Lind drove in a run each for Toronto.

Ricky Romero (8-4) got the win after throwing 5⅓ innings and yielding four runs on six hits. He is now 6-2 in eight home starts.

Luis Valbuena had a three-run homer for the Indians, who fell to 1-4 over their last five games. Travis Hafner, Jhonny Peralta and Ben Francisco had an RBI apiece in the loss.

METRO NEWS SERVICES

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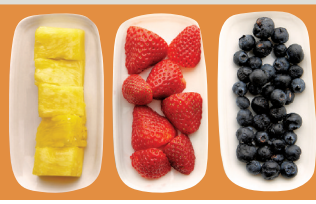
**Camping tip**

If you're going camping, remember to remove all food packaging and repack it in reusable containers before you go. Don't bring individual packed food items, and clean up all food scraps when camping. Food left out will attract unwanted wildlife. NEWS CANADA

# Staycations



## Party time

The mark of a good summer party is good food. Prepare lots of fresh, local, healthy choices and be mindful of your guests' special dietary needs.

NEWS CANADA

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

# Outdoor adventure

## Whitewater rafting, kayaking on Ottawa River among best in the country

TRACEY TONG
tracey.tong@metronews.ca

PHOTOS SUBMITTED

Families, friends and co-workers can get together and bond while whitewater rafting and kayaking along the Ottawa River.

**You may live in the city, but this summer, urban dwellers don't have to go far for outdoor adventure.**

In an area about an hour and 20 minutes' drive away, the Ottawa River offers some of the best whitewater rafting and kayaking in Canada, said Owl Rafting's office manager Eric Haveman.

"The Ottawa River is very unique, geographically," said Haveman. "There aren't that many places that have what we have. Where we're located, they hold the world championships of whitewater kayaking.

"People flock here for whitewater like this. The only other place that has whitewater rafting like we do is in B.C."

Owl Rafting is located in Foresters Falls, along the Ottawa River.

One of several outfits along the Ottawa River, Owl Rafting, located in Foresters Falls, offers rafting adventures for people of all ages along a 12-kilometre stretch on the river.

"We do everything from family rafting to adventure rafting," said Haveman.

Summer is the busiest time of year, and for good reason.

"Anytime from the beginning of June to the end of August is a really great time, as you get great water levels," said Haveman.

It's easy to organize a trip.

"You can come up alone, or bring up a group of any size," said Haveman.

"We also have corporate groups that come out, wanting to do something fun together."

Packages range from day trips to weekend excursions. Regular price is $110 for any day except for Saturday, and there is a special rate for family rafting, which is $75 for adults and $55 for kids 12 and under. Fees include all safety equipment. Guests who organize a group of 12 get one free admission.

> **"People flock here for whitewater like this."** Eric Haveman

When it comes to accommodations, options include camping or renting a cabin.

All trips include a barbecue dinner aboard a boat. But it doesn't end there, Haveman said.

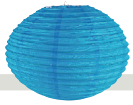
Guests are invited to stick around and use the canoes and kayaks, to start up games of Frisbee, soccer and volleyball, and to check out some live bands and spend the night camping.

And for those whose family circle includes a furry member, pets are allowed, Haveman said.

"We recommend that someone is staying back with them," he said.

To advertise in ottawaStaycations please call 613.236.4062

**Host with the most**
If you're planning on hosting a summer get-together, make sure there is adequate seating and the party area is tidy and clutter-free. String up lights around the yard for a festive feel. NEWS CANADA



# Music festival biggest of its kind

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

The Ottawa International Chamber Music Festival closes with a concert starring the Ying Quartet.

**Nearly a generation ago, there used to be few opportunities for classical music fans to hear live music in Ottawa.**

Then in 1994, the Ottawa Chamber Music Society organized the first Chamberfest, with 22 shows.

Now in its 16th season, the Ottawa International Chamber Music Festival has become the biggest chamber music in the world and one of the most important summer stops for classical Canadian and international chamber musicians.

James Ehnes will be performing at the festival.

"The reason is that the audiences are so great," said Roman Borys, who is an artistic director for the festival along with the other members of the Gryphon Trio.

"It's really an inspiration to show up at one of the venues and see that there is a line that goes around the block and you know the people have been waiting 45 minutes to get in. It's a bit of an anomaly," he said. "It's terrific."

Starting Saturday, some of the world's finest musicians will gather in Ottawa for two weeks of music-making, beginning with a unique benefit concert featuring Grammy and Juno Award-winner James Ehnes and internationally acclaimed pianist Jon Kimura Parker.

This year's edition features 18 celebrated pianists and more than a dozen string quartets performing in more than 90 concerts and events.

This year also marks the 200th anniversary of the death of Franz Joseph Haydn and birth of Felix Mendelssohn, and works from both composers have been woven throughout the entire program of the festival.

Along with the well-known pieces, Borys said they've reworked the way performers will present contemporary music to make it easier and more accessible to audiences.

A composer will introduce new pieces by revealing insights into the pieces through The New Music Dialogues.

"We're not just going to throw these unfamiliar contemporary works at audiences, we're going to create some understanding," he said.

While the future of chamber music relies on composers creating new works, Borys said its often the lifelong fans who are hesitant to embrace new music more than those who recently found their way to the music.

The classical music festival scene is a bit different than rock or jazz festivals, where touring bands fit a gig into their summer schedule.

Many of the acts, especially the Canadian performers, are coming just for the Ottawa Chamber Music Festival and will perform more than once during while they are in town.

## A musical ride to remember

This year, Chamberfest and the Rideau Canal festival are teaming up to provide a Musical Breeze during the canal festival's bicycle parade.

The experimental mass participation musical soundscape involves riders ringing bells, whistling and singing along with musicians playing in tents set up along the Rideau Canal.

"This hasn't been done here before. This is going to be really interesting," said Ottawa Chamber Music Society executive director Glenn Hodgins.

Cyclists interested in taking part are asked to assemble at Lansdowne Park at 1 p.m. on Saturday, Aug. 1, with a bell and a whistle.

As the parade makes its way along the bike path toward Marion Dewar Plaza, riders will be prompted to ring their bells, whistle or sing notes as they pass performers. METRO OTTAWA

# Rock your summer with radio

The sun is hot, the sky is clear and the weekend is almost here.

Get away from it all and head back to nature and experience the great outdoors. Whether your getaway involves camping, the cottage or sailing around on a boat, here are some tips for a stress-free escape:

Listening to music while on vacation can help you to relax.

**Summer soundtrack**
Whether you're lounging on the boat or hanging at the cottage, nothing says Canadian summer more than rocking out to commercial-free tunes from amazing Canadian artists. Sirius satellite radio's Iceberg and CBC Radio 3 channels play endless Canadian rock and indie tunes from staples like Neil Young and the Tragically Hip to newer bands like Arcade Fire and Feist.

**Be prepared**
While the point is to relax and retreat from the city, it's important to remember that you no longer have access to the easy convenience of the city. Stock up on essentials like water, sunscreen, bug repellent, flashlights and food before you go. It's also a good idea to keep an emergency first aid kit with you and to make sure you know how to use it.

**Escape, but don't tune out**
Keep up to date with Sirius satellite radio and tune into the latest news from BBC, CNN, CBC and more. Hardcore Sports Radio and Sports Play by Play will make sure you don't miss out on your favourite games, and Howard Stern and Jamie Foxx will keep you laughing.

The most important thing to remember is that this is your getaway. Relax and enjoy yourself.

NEWS CANADA

**Check out these mouse pads from the I-Hos Gallery**

Mixing tradition with technology, Corey Moraes from the Tsimshian Nation designed the frog and raven images on these mouse pads, while the whale design is by Corey Bulpitt of the Haida Nation. $17.95, I-Hos Gallery, ihosgallery.com. –EMMA YARDLEY/FOR METRO CANADA

# Metro Homes

**Pook Mis Mask**

Originally carved around 1880 for a Nuu-chah-nulth potlatch, this wooded mask was later modified to its current incarnation as the Pook Mis, a wood spirit. Price upon request, Out of the Mist Gallery, outofthemistgallery.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

**"This is a living art form."**

Thomas E. Stark, curator of Out of the Mist Gallery

**FocusOn FirstNations**

# Home and native land

Eagle Paddle • Coastal Peoples Fine Arts Gallery
Although perfect for setting above a mantle piece, artist Kevin Cranmer, of the Kwakwaka'wakw Nation, shaped this yellow cedar paddle, with inset abalone shell and copper, to propel a canoe. $3,700, Coastal Peoples Fine Arts Gallery, coastalpeoples.com, 604-685-9298.

EMMA YARDLEY
for Metro Canada

**While the influence of First Nations' culture on home decor can be found in gift shops across Canada, it is in their original artwork where we find its greatest presence.**

"It creates a proud sense of heritage of our country," says Karl Lohnes, home expert for Canada AM. "What better way to display that than through the sculptures, paintings and furnishings of Native Americans?"

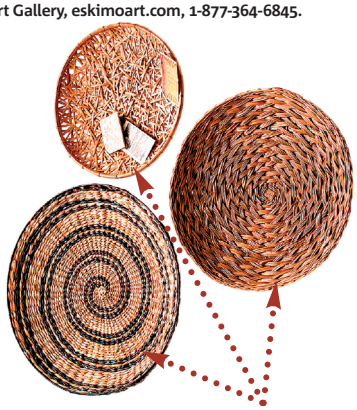
First Nations' art is heavily grounded in historical tradition, where every image has a meaning, a story or a practical use. It also shifts with the times, creating new art forms and methods of expression.

"This is a living art form," says Thomas E. Stark, curator of Out of the Mist Gallery in Victoria, B.C.

Whether you choose to display a traditional print on your wall or buy a set of painted mugs for the kitchen, know that you're supporting the rich and diverse artistic cultures of Canada's first peoples.

Rock Family • Eskimo Art Gallery
With its linear faces and large areas of untouched stone, this abstract style is typical of Nunavut artist Lucy Tasseor Tutsweetok, who has been carving for 50 years. $345, Eskimo Art Gallery, eskimoart.com, 1-877-364-6845.

Fisherman and Bear • Eskimo Art Gallery
Made from a polished caribou antler and mounted on a piece of bone, this carving tells a story about traditional life in the Arctic. This type of physical storytelling is the specialty of carver Jobie Crow Jr., who lives in Northern Labrador. $425, Eskimo Art Gallery, eskimoart.com, 1-877-364-6845.



Woven Bowl Wall Art • West Elm
These woven bowls owe a lot of their design features to the rich tradition of basketry in North American aboriginal cultures. Medium weave, $39; small weave. $36; big swirl weave, $44. West Elm, westelm.com, 416-537-0110.

Totem Pole Cup Set • The Drake General Store
Designed by Rob Southcott and produced by new Toronto-based company IMM Living, these fun stackable coffee cups pay homage to one of the most recognized Northwest Coast aboriginal cultural icons. Set of four for $82, Drake Hotel General Store, thedrakehotel.ca, 416-531-5042 ext. 101.

Eagle Bowl • I-Hos Gallery
Noel Brown, of the Kwagiulth people of eastern Vancouver Island, carved this bowl out of yellow cedar. The eagle symbolizes wisdom and friendship. $977.50, I-Hos Gallery, ihosgallery.com.

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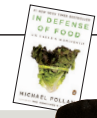
**Eater's Manifesto bestselling in Canada**

In Defense of Food: An Eater's Manifesto by Michael Pollan topped last week's bestselling cookbooks list at Amazon.ca. Gordon Ramsay's Healthy Appetite came in second and The Omnivore's Dilemma: A Natural History of Four Meals came in third. METRO NEWS SERVICES



# Food

**On Cooking with the Wolfman, discover how North American Bison is fused with exotic spices, Cholent is slow-cooked, Fricasse of Rabbit can have a twist and Chick Pea Curry is served with traditional game.** METRO NEWS SERVICES

ANDREW HOSKIN/ PHOTO

**David Wolfman**

**The show is broadcast nationally on the Aboriginal Peoples Television Network. For information about the seventh season, visit cookingwiththewolfman.com**

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

## LiquidAssets

**Peter Rockwell**

metronews.ca/liquidassets

### That '70s fizz

Like so many of you, I caught Kiss live last week on their long-awaited tour of Eastern Canada. Seeing Gene, Paul and those other two guys rocking like it was still the '70s made me think about all the other things from that decade that have been able to make a successful comeback in recent years.

Liquid-wise, we've seen everything from the return of classic cocktails (like the martini) to rosé wines and anything made with the riesling grape. This year the beverage trend from the disco era seeing the greatest popularity upswing is the spritzer: The original mix of white wine and soda water.

Canada's Naked Grape wines have proved a hit across the country so a combination of carbonation with varietal fruit seems a natural progression. Both the **Naked Grape Chardonnay Spritzer (4 x 341 ml, $9.95 - $11.49)** and **Naked Grape White Zinfandel Spritzer (4 x 341 ml, $9.95 - $11.49)** keep to their wine themes but with a refreshing zing that tastes nice over ice.

**Seagram's Tropical Lemon Lime Spritzer (4 x 341 ml, $7.95 - $11.04)** adds effervescence to its blend of citrusy fruit juice and vodka to make a weightier, yet equally appealing, summertime quaffer.

*Prices reflect the range across the country. Some products may not be available in all provinces.*

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

# Food from the native tongue

## Chef David Wolfman cooks up own brand of fusion cuisine

**David Wolfman — a descendant of the Lillooet band, Xaxli'p Nation — grew up in Toronto. He observed cooking skills from his mother at a very young age and was mesmerized at the fascinating stories and legends that his mother would share.**

Wolfman later decided to focus his education in cooking at George Brown College in Toronto, through the apprenticeship program, and would later discover his aboriginal roots. He fused his international culinary techniques with the traditional foods that he was exposed to, and in 1992 he opened an Aboriginal Fusion catering company named Lillooet Catering, which featured an aboriginal fusion menu.

In 1994, he developed and taught an Aboriginal Cuisine program at George Brown College and in 1999 he wrote and hosted Cooking with the Wolfman, which airs nationally on The Aboriginal Peoples Television Network (APTN).

In season seven of the show, Wolfman shares his Aboriginal Fusion recipes (traditional foods with a modern twist), now with an international flare.

Wolfman is currently a professor at George Brown College and can be reached at david@cookingwiththewolfman.com.

PHOTOGRAPHY BY MARLENE FINN

Cholent was traditionally slow-cooked overnight.

PHOTOGRAPHY BY MARLENE FINN

Garlic and Thyme Knishes.

### Garlic and Thyme Knishes

**INGREDIENTS:**

**Dough:**
- 2 cups flour
- 1/2 ts baking powder
- 1/4 ts salt
- 1 egg
- 1/4 cup oil
- ¾ cups water

**Potato Filling:**
- 4 large potatoes; cooked mashed
- ¼ lb chicken fat; melted
- 1 egg
- 1 onion; minced and browned
- 2 heads garlic, roasted in foil
- 1 tsp fresh thyme chopped
- 1 tb oil
- 1/2 ts salt
- 3 eggs for egg wash

**METHOD:**

Sift flour, baking powder, and salt into a bowl. Beat egg, oil, and water and add to the flour mixture. Knead lightly until dough is soft; it will be slightly oily but not sticky. Cover and set in a warm place for 1 hour.

To make filling, combine all ingredients and mix well. Divide dough in half and roll as thin as possible into a rectangle. Spread the filling on long side of the dough and roll like a jelly roll. Cut into 1-in. slices.

Pull ends of the dough over the filling and tuck into the knish to form small cakes. Brush with egg wash and place on a well-greased baking sheet. Bake in a 375 degree F. oven until brown.

### Cholent

Aboriginal/Jewish Cuisine

**INGREDIENTS:**
- 3 medium onions, diced
- 2 tbsp vegetable oil
- 4 lbs kosher beef inside round. diced
- 1 cup lima beans, dry
- 1 cup barley, rinsed
- 4 large potatoes, diced
- 4 cloves garlic, peeled and sliced
- 2 sprigs rosemary, fresh
- 2 med carrots, sliced on a bias
- 2 quarts kosher beef stock
- Salt and pepper to taste

**METHOD:**

In a large rondue, sweat off the onion, remove and reheat pan, brown beef in small portions, remove and hold.

Deglaze pan with a bit of the stock, add the garlic and fresh rosemary, scrape sediment from pan, add more stock bring to a boil and add the rest of the beef, beans, potatoes and carrots. Preheat oven to 325 C. Let simmer for a while, add barley and the seasoning. Cover, bring to a simmer and then place in an oven-proof casserole dish and cover with lid.

Bake in the oven at 325 C until tender (approx 1-2 hours), remove let rest and serve with knishes ... mmm! (Cholent was traditionally slow cooked overnight.)

## FocusOn FirstNations

## Local Savour

**The French Baker**
119 Murray St. (Byward Market)
613-789-7941
frenchbaker.ca
**Pastries, $1.60-$3.10**

Since opening its doors in 1994, The French Baker has received national recognition for its pastries.

Its pastry chefs use only pure butter from Quebec for their desserts and high quality chocolate and fruit concentrates from France along with local fruits in season and real cream. Their croissants have been described as "perfect" by The Globe and Mail, and are all made by hand and baked fresh in small quantities every day.

The French Baker also offers a selection of fine foods and a coffee menu as well as breads and baguettes to take home.

## On the web

**Global Peasant:**
- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant to read Diane's recipe for raw burgers.

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"Shawn is the one mortgage broker you need to deal with. Bad credit, no credit, bank turndowns, all ok. "

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"Kim is a pleasure to deal with, takes the time to answer all your questions and finds the right solution for your situation."

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"Brad is knowledgable & finds solutions that works @ affordable rates!"

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**Photo-worthy jewelry**

California jewelry designer Michele Baratta offers heartfelt gift ideas like picture frame jewelry and picture frame key rings as well as delicate layering necklaces and funky metallic bangles. Visit shopmichele.com METRO NEWS SERVICES

# Style

## Spanish-inspired shades

**Nails take a dramatic turn this fall with OPI's new Colección de España, 12 on-trend shades inspired by the colors of Spain. Colours include Here Today ... Aragon Tomorrow (pictured, far left to right), Pink Flamenco and Give Me Moor! The collection will be available Aug. 5 at professional salons and spas across Canada ($10.95). For a location nearest you, visit opi.com.** METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

# Old world meets new

## First Nation fashion melds the past with the present

JANINE FALCON
For Metro Canada

**Perhaps in First Nation culture more than most, historical influences in modern design are about identity, preservation and celebration.**

Ancaster-based fashion designer Angela DeMontigny (angelamontigny.com) works with traditional motifs and traditional materials such as suede, beads and leather hides, all of which pay homage to her Chippewa-Cree-Métis background and serve as a reminder to the world that the First Nations is more than old westerns. "It's a living, breathing culture," she says.

Signature DeMontigny pieces include fitted leather blazers, tiered goat-suede skirts and now handbags. Distributed in boutiques and galleries throughout North America and Europe, her work has received attention from media such as Flare, Chatelaine, Women's Wear Daily and CTV.

Manitobah Mukluks (manitobah.ca) is a Winnipeg-based company that produces high-end beaded and fur-trimmed leather and suede footwear. These are inspired by the mukluks and moccasins Métis owner Sean McCormick and his family wore when he was a child. "They're as close to being authentic as possible without being handmade," he says.

Rubber soled for urban life, Manitobah Mukluks pieces are available at select North American boutiques (including New York City's Intermix) and in Europe. The line is also hitting the celebrity sidewalks on feet belonging to Beyoncé, Marisa Tomei, Kate Moss and Kate Hudson, and has appeared in magazines such as Vogue, InStyle and Elle.

**FocusOn FirstNations**

First Nation art has also found its way to eyewear launching this summer. Reading glasses and sunglasses ($35 - $60) from AYA Accessories' Pacific Northwest Collection feature contemporary and playful designs by Corrine Hunt, a BC-based artist with a Kwakiutl and Tlingit heritage. Motifs include the sun, which represents nourishment, truth and clarity; the hummingbird, spirit bearer of good news; and the wolf, the family protector.

"My appreciation for First Nations and indigenous art comes from growing up in Australia and Vancouver," says the collection's creator, Carla D'Angelo Taylor, who spotted Hunt's work at a gift show five years ago. She and Hunt, who is primarily a jewelry and custom-furnishings designer, are delighted by early reactions to AYA's traditional-contemporary fashion fusion. "First Nations response has been amazing," says Hunt, adding that the idea was also to get the attention of people who wouldn't ordinarily seek out at First Nations art. An added charity component directs $2 from each sale to ONEXONE, which supports local initiatives including the First Nations Breakfast Program.

AYA Accessories sunglasses, $35, and Esme reading glasses, $60.

Model displays Angela DeMontigny leather blazer, suede skirt and leather bag.

Yoga jeans, $110, have a 92 per cent shape memory built into the material which means zero sagging in the butt or knees.

# Yoga jeans equal super comfort

JANINE FALCON
For Metro Canada

**TREND** Yoga Jeans are not jeans to wear in yoga class.

Made from brushed cotton denim with three per cent elastane, they're super stretchy so they'd be far more comfortable for downward dog than you'd expect — and the waistband won't gape.

But with their deep, inky washes and flattering fit that make legs look miles long and lean, Yoga Jeans will work better with that hot top you bought to wear on Saturday night.

Cut in mid- and low-rise skinny, straight, flare and boot-cut styles, as well as an ankle-length summer pant, Yoga Jeans (about $110) are the hottest pants in town. Made by Canadian company Second Clothing, they have a 92 per cent shape memory versus the industry standard of 64 per cent, which means zero sagging in the butt or knees.

That stretch factor also makes the skinny jeans more comfortable behind the knees (one happy customer demonstrated with deep-knee bends for her coworkers).

Yoga Jeans come in sizes 24 to 34 and with an inseam that can hit 33 in the larger sizes. They're available at Jean Machine, theshoppingchannel.com and at shopgirls.ca. (Shopgirls exclusively carries the new high-rise boot cut for the anti-muffin-top crew). The brand is set to hit the U.S. and Europe this fall.

Kenya's**Style**

**Kenya Hunt**

Read the blog at metronews.ca/kenyasstyle

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**Thurman to play nun**

Uma Thurman is set to play a nun in her new movie. The Kill Bill star has signed on to star in new indie drama Girl Soldier, in which she will take on the role of Sister Caroline who helped rescue 140 schoolgirls abducted in Uganda. FEMALEFIRST.CO.UK

# Entertainment

**Smell like Amy**

Amy Winehouse wants to launch her own perfume. The troubled singer and her father Mitch are keen to develop her "smoky" look and put her name on a fragrance. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Joseph Boyden

## Native authors make waves

**FocusOn FirstNations**

BRIAN COULTON
for Metro Canada

**In contemporary Canadian society, Joseph Boyden continues to see barriers between First Nations communities and the rest of the country.**

Often more prevalent than seen through the eyes of non-First Nations people, said the part-Métis author, 43, their struggles continue to persist both on and off the reserve. But the Giller Prize winner believes writing is the perfect way to break down those barriers.

"You can put an audience in a place that they're not necessarily comfortable with but they want to explore with you," he said. "In Three Day Road and Through Black Spruce, I ask my reader to become my character, take this journey where they don't know where they're going, and live in those shoes."

First Nations people are breaking waves in Canadian literature according to Kamloops, B.C.-based author Richard Wagamese.

"That's indicated by Joseph Boyden winning the Giller Prize and the number of aboriginal writers that are coming along to publish for the first time," he said.

The 53-year-old Ojibway has published seven titles. Wagamese said he tries to embed teaching paradigms encompassing universal moral and ethical teachings. "I look for a context to frame it in that's probably not something you would ordinarily sum to in terms of aboriginal life. The challenge is always the context."

# Sparks on the Battlefield

## Jordin **Sparks**

**Album:** Battlefield
**Label:** Sony Music
**Rating:** ●●●

**WHILE RIHANNA PLAYED** the Good Girl Gone Bad on her last release, Jordin Sparks' latest could have been called Good Girl Remains Good. The American Idol winner's sophomore album offers little of the drama its title suggests. But what Battlefield lacks in tension, it makes up for in expert pop-R&B songcraft and production. Be it over slick, '80s-Madonna-inspired tracks like S.O.S. (Let The Music Play) or mid-tempo power ballads like Let It Rain, Sparks repeatedly proves why she won Simon Cowell and company over in the first place.

Jason Richards/for Metro Canada

## Demi **Lovato**

**Album:** Here We Go Again
**Label:** Hollywood/Universal
**Rating:** ●●●

**DEMI LOVATO'S** sophomore disc is exactly what you'd expect from a Disney darling — it's vibrant, infectious and only for 14-year-old girls. For that Miley Cyrus loving demo, this is a superb disc. She's perfected the watered down Avril Lavigne, faux-anger sound to a tee, and naïve songs about boys will resonate with her coming-of-age crowd. This isn't a bad disc. It's loaded with rock hooks and Lovato's voice is solid. She has a bright future, once she breaks free from Mickey's shackles.

Bryan Borzykowski/for Metro Canada

## Music**Reviews**

music@metronews.ca

## Our **Lady Peace**

**Album:** Burn Burn
**Label:** Coalition/Sony Music
**Rating:** ●●●

**THE GOOD NEWS:** OLP's Raine Maida drops all traces of his piercing aii-ee-iii-ee-iiis in his vocals and sounds more like a real singer. The bad news: The band cops copious amounts of atmospheric rock elements from the likes of Radiohead, Coldplay and U2 and converts it all into one package of formulaic, radio-friendly alt-pop. For a Canuck outfit that had been so close to separating with 2005's Healthy In Paranoid Times, album No. 7 gives the impression that OLP still craves some more stadium-size rock acceptance. But as Brit rock-wannabes? Aii-ee-iii-ee-iii!

Ian Nathanson/for Metro Canada

SONY MUSIC PHOTO

Battlefield is the new disc from American Idol winner Jordin Sparks.

Listen to this week's reviewed music at metronews.ca/music

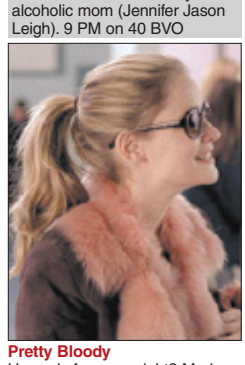
## primetime

| OT | Vu | SC | C | | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 7/23/09 | 265 | 353 | 2 | TVO | Super Rigs | | The Best of The Agenda | | Brain Man | | Secret Life of the Brain | | Best-Agenda |
| | 211 | 331 | 3 | GTV | ET Canada | Entertainment | Big Brother 11 (Live) | | The Office | The Office | House | | News |
| | - | - | 5 | SRC | Des squelettes | Gars fille | Perdus (HDTV) (SC) | | Bons baisers de France (SC) | | Le Téléjournal et Les Nou | | TJ Ontario |
| | 209 | 342 | 6 | CHRO | The Road to Avonlea | | Greek | | Grey's Anatomy | | (10:02) Private Practice | | Comedy Now |
| | 196 | 311 | 7 | CTV | Hollywood | etalk | CSI: Crime Scene Invstgtn. | | So You Think You Can Dance | | (10:01) The Listener | | CTV News |
| | 208 | 303 | 8 | CBC | Coronation St. | Jeopardy! (N) | Doc Zone (HDTV) | | Doc Zone Future of food. | | CBC News: The National | | The Hour |
| | - | 360 | 9 | NBC | Wheel-Fortune | Jeopardy! (N) | 30 Rock | The Office | The Office | 30 Rock | (10:01) The Listener | | News |
| | 117 | 713 | 10 | TVA | Dépenses xtr | Marché | Dr. House (HDTV) (SC) | | Mollie (HDTV) (SC) | | TVA 22 heures | Juste pour rire | Sucré-salé |
| | - | - | 11 | QS | Grande fille | Avec Albert | *Une séductrice dans ma maison* (2006, Suspense) | | | | La Porte des étoiles (SC) | | Call TV |
| | 137 | 763 | 12 | TFO | Panorama été | Esprit | Sur la Piste de | Villages | *L'Enfer* ★★★ (1994, Drame) Emmanuelle Béart. | | | | Esprit |
| | - | 362 | 13 | CBS | Dr. Phil Family in crisis. | | Big Brother 11 (Live) | | CSI: Crime Scene Invstgtn. | | (10:01) The Mentalist | | Two/Half Men |
| | 216 | 395 | 14 | OMN2 | Raymond | According-Jim | Omni News: S. Asian Edition | | Omni News: Cantonese Edition | | Two/Half Men | King | Cold Case |
| | 214 | 344 | 15 | CITY | Law & Order: SVU | | 30 Rock | Less-Kind | According-Jim | 30 Rock | (10:01) Law & Order: UK (N) | | CityNews |
| | 115 | 343 | 16 | CFMT | Two/Half Men | The Simpsons | News (N) | | Vivere Il | News (N) | The Simpsons | King of the Hill | Metropia |
| | 218 | 345 | 18 | E! | The Insider (N) | E! News | How I Met | Behind-Scenes | True Hollywood Story (N) | | The Beast (N) | | News/Eleven |
| | - | 361 | 20 | ABC | Action News | Entertainment | Samantha Who | Samantha Who | Grey's Anatomy | | (10:02) Private Practice | | News |
| | 512 | 396 | 24 | CPAC | Tête-à-tête | Beyond Poli | L'Heure politique | | Dossier public | | | | Heure polit. |
| | 651 | 355 | 25 | CTS | Little House on the Prairie | | Michael Coren Show | | 100 Huntley Street | | Life Today | This Is Day | John Hagee |
| | - | 365 | 36 | FOX | TMZ (N) | Seinfeld | Bones (HDTV) | | So You Think You Can Dance | | FOX 2 News (N) | | Newsedge |
| | - | - | 64 | PBS | Business Rpt. | Adirondack | Wolf: Travels | Time Goes By | Miss Marple (Part 2 of 2) | | Poldark | | Charlie Rose |
| | 205 | 312 | 104 | CTV | Hollywood | etalk | CSI: Crime Scene Invstgtn. | | So You Think You Can Dance | | (10:01) The Listener | | CTV News |
| news | 502 | 390 | 26 | NW | CBC News | Marketplace | The Hour | | CBC News: The National | | The Nature of Things | | National |
| | 500 | 500 | 33 | CNN | Lou Dobbs Tonight | | Black in America "Tomorrow's Leaders" (N) | | | | Anderson Cooper 360 | | Black, Amer. |
| sports | 406 | 417 | 27 | net | Darts World Premier League. | | | | Best Damn Sports Show | | Sportsnet Connected | | Sportsnet Con. |
| | 126 | 730 | 28 | RDI | 24 Heures en 60 minutes | | Grands reportages (SC) | | Le Téléjournal (SC) | | RDI en direct | Le National | Le Téléjournal |
| | 400 | 280 | 30 | TSN | CFL Pregame | CFL Football Hamilton Tiger-Cats at Montreal Alouettes. (HDTV) (Live) | | | | | | SportsCentre | |
| | 410 | 403 | 52 | SCR | Poker | | U.S. Women's Soccer Team | | World Cup of Poker | | Score Tonight | | Final Score |
| | 411 | 457 | 56 | OLN | Dog the Bounty Hunter | | Cycling Tour de France -- Stage 18. From Annecy. | | | | | | Cycling |
| family | 417 | 406 | 59 | SC | Pimp My Ride | Pass Time | Pinks -- All Out (HDTV) (N) | | Jacked! (N) | Jacked! (N) | Wrecked (N) | Wrecked | Pimp My Ride |
| | 554 | 544 | 48 | TEL | Jimmy Two | Total Drama | 6TEEN | 6TEEN | Futurama | *Doctor Strange* (2007, Action) | | | *Doctor Strange* |
| | 557 | 540 | 51 | FAM | Wizards-Place | Han. Montana | Zack & Cody | Latest Buzz | Wizards-Place | Life Derek | Ned's School | Cory in House | Zack & Cody |
| | 551 | 542 | 65 | YTV | Family Biz | Family Biz | Malcolm-Mid. | Futurama | In Real Life "E.R." | | Falcon Beach | | Mystery Hnt. |
| cable variety | 570 | 580 | 29 | MM | The Daily Fix | | Ranked! | | Storytellers | | Entourage | Gene Simmons | The Daily Fix |
| | 615 | 520 | 31 | A&E | CSI: Miami (HDTV) | | The First 48 (HDTV) | | The First 48 (HDTV) | | Crime 360 "Indianapolis" | | Crime 360 |
| | 628 | 584 | 32 | SPKE | CSI: Crime Scene Invstgtn. | | UFC Unleashed (HDTV) | | TNA iMPACT! (HDTV) (N) | | | | Jesse James |
| | 521 | 560 | 34 | TLC | Restorer Guy | Real Estate | Lottery Changed My Life II | | LA Ink (HDTV) | | LA Ink "Kat Bares It All" | | LA Ink |
| | 145 | 761 | 35 | TV5 | Destinations | Hep! Taxi | Club social | | Envoyé spécial | | | | Journal TV5 |
| | 616 | 521 | 39 | SHO | The Outer Limits | | Love-Death | Love-Death | *Mom, Dad and Her* (2008, Drama) Melora Hardin. | | | | House |
| | 620 | 523 | 40 | BVO | Storytellers | Snapshot | Bathroom Divas-Opera Star | | *Childstar* ★ (2004, Comedy-Drama) Don McKellar. | | | | Law Order: CI |
| | 520 | 505 | 42 | DIS | Daily Planet | | Journey to the Edge of the Universe | | | | MythBusters | | Daily Planet |
| | 575 | 583 | 43 | CMT | Carrie Underwood One on One | | Home Improve. | Home Improve. | Reba | Reba | Hope & Faith | Hope & Faith | Tuckerville |
| | 601 | 562 | 45 | SLC | Skin Deep | Til Debt-Part | Last 10 | Last 10 | Last 10 | 10 Pounds | Bulging Brides | Bulging Brides | ET Canada |
| | 625 | 548 | 46 | COM | Air Farce | 22 Minutes | 22 Minutes | Corner Gas | The Simpsons | South Park | Comedy Now (DVS) | | Daily Show |
| | 294 | 529 | 47 | TBS | Family Guy | Family Guy | Friends | Friends | Friends | Friends | *Men in Black II* ★★ (2002, Comedy) | | |
| | 600 | 564 | 49 | H&G | House Hunters | Property Virgin | Handyman Superstar | | Disaster DIY | Big Amazing | House Hunters | House Hunters | Holmes-Homes |
| | 627 | 528 | 50 | SPC | The Listener (HDTV) (N) | | Star Trek: Voyager | | Pretty Bloody (DVS) | | Torchwood: Children of Earth | | Stargate SG-1 |
| | 581 | 566 | 53 | MTV | MTV Cribs | After | MTV News | Cribs | True Life | | Nitro Circus | Fantasy Fact. | MTV Live |
| | 618 | 524 | 54 | TROP | Traders | | Inside Hollywood (DVS) | | Seinfeld | Raymond | Family Guy | Seinfeld | Seinfeld |
| | 522 | 506 | 55 | HIS | NCIS "Smoked" | | Ancient Discoveries | | Lost Inventions | | NCIS "Smoked" | | Marine Mach. |
| | 129 | 773 | 60 | CD | Alerte animale (HDTV) | | Les Grands travaux | | Docu-D "Croisières funestes" | | Un tueur si proche (HDTV) | | Science du |
| | 261 | 394 | 61 | V | Murder, She Wrote | | Wait for God | 'Allo, 'Allo! | *Murder Unveiled* (2005, Romance) Anita Majumdar. | | | | Poltergeist |
| | 602 | 567 | 62 | W | Style by Jury | Friends | Divine Design | House | Confidential | Save Us-House | Divine Design | Love It-List It | House |
| | 269 | 350 | 70 | APTN | Warriors: TKO | Wapos Bay | By the Rapids | renegadepress | *Suspect* ★★ (1987, Suspense) Cher, Dennis Quaid, Liam Neeson. | | | | |
| | 621 | 527 | 71 | TLK | The Ellen DeGeneres Show | | TMZ (N) | etalk | Paris Hilton's My New BFF | | Tonight Show-Conan O'Brien | | TMZ |
| | 603 | 561 | 95 | FN | Chef at Home | Crash-Kitchen | Restaurant Makeover | | Jamie's Kitchen | | Ace of Cakes | Ace of Cakes | Boys Weekend |

## critics'corner

**Childstar**

Don McKellar ("Last Night") co-wrote, directed and stars in this unfunny 2004 comedy-drama about Taylor (Mark Rendall), a Hollywood brat who's in Toronto to shoot a movie. Used to getting his own way, he finds the director unwilling to put up with his tantrums and flees the set, checking out the local drinks, drugs and damsels with another young actor (Brendan Fehr). McKellar plays the boy's driver, who has an affair with Taylor's alcoholic mom (Jennifer Jason Leigh). 9 PM on 40 BVO



**Pretty Bloody**

Horror is for guys, right? Made by guys for guys who want to see blood and breasts, right? While the horror genre may be male-dominated, it does have its share of women in roles other than scream queen — director, for example. This special traces women's contribution to the horror genre with film clips and interviews with directors Mary Lambert ("Pet Sematary") and Katt Shea ("Stripped to Kill"), actress Debbie Rochon and more. 11 AM on 50 SPC

**Model mom-to-be's ready**

Actress and model Angie Everhart isn't one to procrastinate. "I'm completely prepared," she said about welcoming her first-born, a boy, who is due in eight days. "The nursery is done, the name is picked and I've even got a year's supply of Seventh Generation diapers." PEOPLE.COM

## Celebrity Buzz

# Love child rumours surface

**LET THE CIRCUS BEGIN** Michael Jackson is rumoured to have a fourth child, femalefirst.co.uk reports.

Omer Bhatti, a 25-year-old Norwegian dancer, is thought to be the singer's child from a one-night stand in 1984, the website alleges.

Jackson, who passed away last month, is said to have admitted to friends in 2004 that he was Omer's father, the website adds. Bhatti is now believed to be seeking a DNA test to determine if he is a descendent of the King of Pop.

Although Omer's mother Pia and her husband Riz — who have both worked for Jackson — refuse to talk about the star, Pia did tell Britain's The Sun newspaper on Tuesday: "He was the King of Pop. But to us he was so much more."

Omer has also previously spoken about his special bond with the singer, describing his "loyalty" in 2008.

He said at the time: "Loyalty is the most important thing for me.

"I have contact with Michael, and I think my loyalty to him is the reason we still have our contact. He is an unbelievably good human being."

Omer also lived at Jackson's Neverland ranch home for several years from 1997, and video footage exists of him unwrapping presents with Jackson and playing with a toddler, believed to be one of Jackson's other children — Prince Michael, 12, Paris, 11 and Prince Michael II, also known as Blanket, seven.

The dancer was also at Neverland when police raided the property to investigate child molestation allegations in 2003.

On Tuesday, Riz confirmed his stepson was in the front row for the emotional memorial concert at the Los Angeles Staples Center.

He said: "I know because I was watching. I told my wife, 'Just wait until the press see this. It's not a small thing.' Make what you like. I don't want to discuss anything."

METRO NEWS SERVICES

# Tearful Angelina shuts herself away

**ON THE ROCKS?** Angelina Jolie reportedly walked out on Brad Pitt following a furious argument last weekend, femalefirst.co.uk reports.

The couple — who raise six children together — allegedly had a huge row following their twins Knox and Vivienne's first birthday bash at their rented Los Angeles home Sunday.

According to sources, the 34-year-old beauty booked into a room at a luxury Beverly Hills hotel after collapsing on the floor in a flood of tears at the party.

A source told Britain's Grazia magazine: "Minutes after the argument, she got up, threw together a bag of clothes and ran to her car. She checked straight into a suite at the Raffles L'Ermitage hotel."

The actress has reportedly remained at the hotel — where her late mother Marcheline Bertrand stayed until her death in 2007 — and is refusing to speak to Pitt.

The source explained: "Angelina is refusing to take Brad's calls — the only way he knew she was OK was because the nannies had seen her ... She's always thrilled to see the kids, who have been visiting two at a time."

Friends of the actress say Jolie is still mourning her mother, who died of ovarian cancer at age 56.

One said: "Angelina stays in the room for hours on end. It's as if she's trying to feel Marcheline's spirit. She's lighting candles and thinking about her mother."

METRO NEWS SERVICES

# Could Mischa lose new acting gig?

**HIGH STAKES** Still in a hospital psychiatric ward in Los Angeles after more than a week, Mischa Barton risks losing her latest acting gig, according to the Sun.

Producers of the new CW drama The Beautiful Life are said to be considering a placement for Barton, who plays a supermodel, if she is not fit for filming by next week, sources say.

But Barton's people aren't worried. "Mischa is improving and still under care, with the intentions of being able to resume production on The Beautiful Life next week," her rep, Craig Schneider, said in a statement.

METRO WORLD NEWS

GETTY IMAGES

# Jon's new girlfriend speaks

**REBOUND** Hailey Glassman's romance with Jon Gosselin came as a surprise — even to her, she tells People magazine.

"If you had told me a few months ago, I wouldn't have believed you," she said of dating the 32-year-old newly single dad of eight kids.

Glassman, 22, says she developed feelings for Gosselin — a family friend who recently split from his wife Kate — while he was nursing his broken heart at her parents' New York City home in May.

"He was so strong," Glassman said. "I admired him."

She refutes rumours that she's engaged to Gosselin, but admits she's having a great time with her new beau, who recently rented a bachelor pad in Manhattan. "We watch movies, play pool and Ping-Pong. We laugh a lot because I beat him at everything," she gushed.

She added: "He's a great cook. He cooks roasted veggies with special seasoning and sauces, and he grills pineapple with a butter concoction."

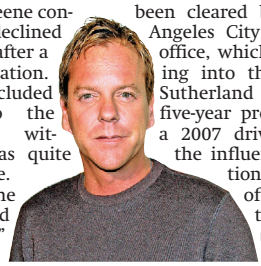
METRO NEWS SERVICES

# Charge dropped against Kiefer

**CASE DROPPED** Kiefer Sutherland will not face prosecution for alleged attacking a fashion designer, femalefirst.co.uk reports.

The 24 star was charged with third-degree assault after allegedly headbutting Proenza Schouler designer Jack McCollough in New York in May, but the case has been dropped.

Manhattan District Attorney spokeswoman Alicia Maxey Greene confirmed: "We declined to prosecute after a full investigation. And that included speaking to the complaining witness who was quite uncooperative. Therefore, the D.A. declined to prosecute."



Sutherland, 42, has also been cleared by the Los Angeles City Attorney's office, which was looking into the case, as Sutherland was on a five-year probation for a 2007 driving under the influence conviction at the time of the altercation.

METRO NEWS SERVICES

# Happy birthday to Lindsay

**TOO MUCH INFORMATION** Samanthan Ronson gave Lindsay Lohan sex toys for her birthday, femalefirst.co.uk reports.

The actress — who turned 23 on July 2 and has had an on-off relationship with the DJ for two years — was delighted with the satisfying gift, which Ronson hand-picked herself, according to National Enquirer magazine.

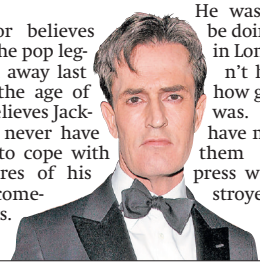
A source said: "Samantha presented her with a gift guaranteed to create lots of buzz — a big, brightly gift-wrapped basket of sex toys selected by herself. She spent hours shopping Hollywood's erotic emporiums for the items."

METRO NEWS SERVICES

# MJ better off dead: Rupert

**HIS OPINION** Rupert Everett is relieved Michael Jackson died, femalefirst.co.uk reports.

The actor believes it's better the pop legend passed away last month at the age of 50, as he believes Jackson would never have been able to cope with the pressures of his planned comeback shows.



Everett told Britain's Daily Mirror newspaper: "I think it was fortuitous that he died. He was supposed to be doing 50 concerts in London. It wouldn't have mattered how good or bad he was. He wouldn't have managed to do them all and the press would have destroyed him.

METRO NEWS SERVICES

# False alarm, not wedding bells

**SOON, BUT NOT YET** There are no wedding bells for Jennifer Love Hewitt and Jamie Kennedy just yet, usmagazine.com reports.

The New York Post reported that Kennedy, 39, popped the question to Hewitt, 30, onstage at a California comedy club Saturday night after an audience yelled, "Marry her!"

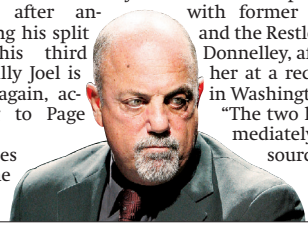
But Hewitt's rep told usmagazine.com, "There is no truth to the report."

Still, the two could wind up walking down the aisle. While chatting with a Los Angeles radio station last month, Hewitt revealed that she gave Kennedy a proposal timeline. She said, "By this time next year, if we're not planning something, then there's a situation."

METRO NEWS SERVICES

# Joel's heart a quick healer

**THAT WAS FAST** Barely a month after announcing his split from his third wife, Billy Joel is dating again, according to Page Six.



Sources say the singer has been spending time with former The Young and the Restless star Alex Donnelley, after meeting her at a recent concert in Washington, D.C.

"The two hit it off immediately," said the source.

METRO WORLD NEWS

# Last straw for Cibrian's wife

**NO MORE** Eddie Cibrian's wife has called it quits with the actor after he was allegedly caught with country singer LeAnn Rimes again last week, according to Us Weekly.

"Eddie and I have decided to take some time apart," Brandi Glanville said. "I want to do what is best for our children. Eddie and LeAnn deserve each other."

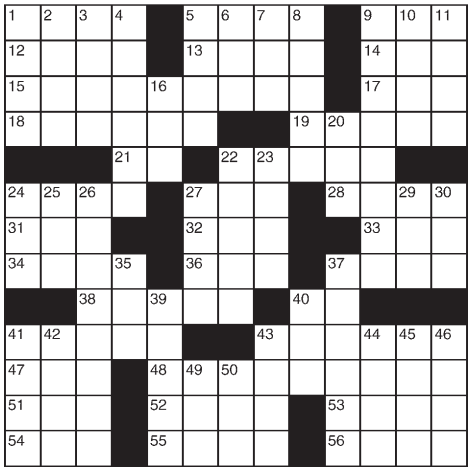
METRO WORLD NEWS

The Weather Network 20 YEARS
TWN incorporates MSC data
Today Partly sunny 25° / 17°
Friday Rain 80% 23° / 16°
Saturday Showers 90% 20° / 14°
You have voted us #1 for best forecasts on TV. Thank you Canada!



For more delicious Metro recipes, visit: **metronews.ca/food**

# Take Five



**ACROSS**

1 Grounded flock
5 Castle protection
9 Jazzy style
12 Spiraling motion
13 Part of a foot?
14 Carnival city
15 Small embellishment
17 New England cape
18 Deli purchase
19 Role for Desi
21 "Forget it!"
22 Motif
24 Everything else
27 Street address?
28 Charitable donation
31 Matterhorn, for one
32 Cartesian conclusion
33 — de cologne
34 Dieter's target
36 Expert
37 Dance lesson
38 Hex
40 Greeting
41 "— Foolish Things"
43 Soda shoppe order
47 Massage
48 Gridiron tactic using a tee
51 — Khan
52 Latvia's capital
53 Canal zone
54 Apiece
55 Microwave
56 Ohio team

**DOWN**

1 Early birds?
2 "— Breckinridge"
3 Orsk's river
4 Trig measure
5 Revealing fashion
6 Lennon's lady
7 Performance
8 "Ta-da!"
9 It has its charms
10 Sty cry
11 Shetland, for one
16 Comic Philips
20 "— Little Teapot"
22 Vestige
23 Base runner's goal
24 U.K. fliers
25 Right angle
26 Neighbor of alt
27 Prejudice
29 West of Hollywood
30 Dine
35 Kramden's transport
37 Doughnut, slangily
39 Copy, for short
40 Shade
41 Snare
42 Ginormous
43 Read quickly
44 Catastrophic
45 Litmus reddener
46 Supplements, with "out"
49 Actress Ullmann
50 Epoch

## Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 1 | | | | | | 3 | |
| | 7 | 2 | 4 | | 5 | 8 | 6 | |
| 9 | | 6 | | | | 1 | | 7 |
| | | | 1 | 8 | 3 | | | |
| | | | | 6 | | | | |
| | | | 2 | 5 | 4 | | | |
| 5 | | 9 | | | | 2 | | 6 |
| | 4 | 7 | 6 | | 8 | 3 | 5 | |
| | 3 | | | | | | 8 | |

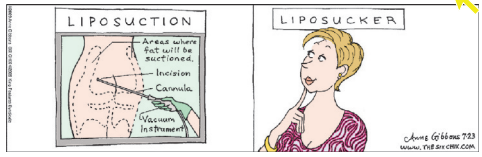
**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | O | D | S | | P | A | T | | S | C | O | T | | |
| A | S | E | A | | R | I | O | | A | L | G | A | | |
| F | L | A | T | T | E | R | Y | | T | A | R | P | | |
| F | O | L | I | O | S | | E | L | A | T | E | S | | |
| | | | E | M | S | | D | O | N | T | | | | |
| E | R | G | | B | O | B | | Y | I | E | L | D | | |
| T | A | L | C | | N | I | L | | C | R | E | E | | |
| C | H | I | L | I | | D | E | C | | Y | E | W | | |
| | | T | E | N | D | | G | U | M | | | | | |
| O | C | T | A | N | E | | P | L | A | Y | E | D | | |
| W | H | E | N | | F | L | U | T | T | E | R | Y | | |
| E | A | R | S | | O | I | L | | E | L | S | E | | |
| S | T | Y | E | | E | E | L | | S | L | E | D | | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 3 | 1 | 2 | 7 | 5 | 8 | 9 |
| 7 | 8 | 5 | 9 | 3 | 4 | 6 | 2 | 1 |
| 1 | 9 | 2 | 5 | 6 | 8 | 4 | 3 | 7 |
| 2 | 1 | 7 | 6 | 4 | 5 | 8 | 9 | 3 |
| 3 | 5 | 4 | 8 | 9 | 2 | 7 | 1 | 6 |
| 9 | 6 | 8 | 3 | 7 | 1 | 2 | 4 | 5 |
| 8 | 7 | 6 | 2 | 1 | 9 | 3 | 5 | 4 |
| 5 | 3 | 1 | 4 | 8 | 6 | 9 | 7 | 2 |
| 4 | 2 | 9 | 7 | 5 | 3 | 1 | 6 | 8 |

## On the web

Find more games to play + more cartoons by the Six Chix at metronews.ca




## Metro Recipe of the Day

JENNIFER TIFFIN

### Grilled Eggplant Side Dish

Submitted by Kirsten Ernst, Vancouver

submitted by a Club Member!

**INGREDIENTS:**

1 large eggplant
olive oil
1 cup good quality feta cheese
Juice of 1/2 to 1 lemon (to taste)
1 tomato, seeded, and diced
1/2 to 1 small red chili, seeded, and finely sliced (to taste)
1/2 cup mint, chopped (reserve small amount to sprinkle on top for garnish)
Salt and ground black pepper (to taste)

**METHOD:**

Preheat grill/barbecue. Slice eggplant, lengthwise, about 1/4-in. thick. Rub olive oil on each piece, both sides. Grill slices on barbecue, marking with crisscrosses, until just tender.

Place slices on baking sheet lined with parchment paper. Sprinkle lightly with salt and pepper. Let cool. In bowl, combine crumbled feta cheese with lemon juice to taste, tomatoes, mint, salt and pepper to taste.

On each slice of eggplant, put approx. 1/4 cup of feta mixture, and roll up. Put all rolled slices in a row on platter. Sprinkle top with reserved chopped mint.

**SERVES 2**
**PREP TIME: 10 MINUTES**
**COOKING TIME: 20 MINUTES**

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## Horoscopes by Sally Brompton

sallybrompton.com

**ARIES** ♈
**MARCH 21-APRIL 20**
You may be inclined to let a wrong-doer off the hook, but is that a good idea? It may just encourage others to believe they can take advantage of you too.

**TAURUS** ♉
**APRIL 21-MAY 21**
The stars convey that you can make yourself happy or sad — it's up to you which path you take. Look around you today and find reasons to be cheerful.

**GEMINI** ♊
**MAY 22-JUNE 21**
Make sure you say nice things about others today — even if you don't mean what you say — as then they're more likely to say nice things about you.

**CANCER** ♋
**JUNE 22-JULY 22**
Today, the influence of Pluto will bring out your ruthless side — but use it only when you really need to, and even then in moderation.

**LEO** ♌
**JULY 23-AUG 23**
A new solar cycle has begun and you know it's going to be one of the best ever. But you don't have to do everything at once or cut corners.

**VIRGO** ♍
**AUG 24-SEPT 22**
It's not like you to be controversial but you'll go out of your way to stir things up today. But take care not to alienate those whose support you need.

**LIBRA** ♎
**SEPT 23-OCT 23**
A friendship may be going through a rough patch at the moment but don't give up on it yet. You'll find lots of reasons to patch up your differences.

**SCORPIO** ♏
**OCT 24-NOV 22**
The more you worry about a situation the more likely it is to turn out badly. Be positive today. Change your thinking and you change your world.

**SAGITTARIUS** ♐
**NOV 23-DEC 21**
Today you must resist the urge to splash out on things you don't need. That applies especially to gifts bought for those you have feelings for.

**CAPRICORN** ♑
**DEC 22-JAN 20**
Capricorns know the greatest triumphs come from overcoming mighty challenges. Today you'll confront the kind of challenge you secretly enjoy.

**AQUARIUS** ♒
**JAN 21-FEB 18**
Someone whose judgment you trust will try to convince you that their latest idea is a sure-fire winner. Don't be so sure. Say thanks but no thanks.

**PISCES** ♓
**FEB 19-MARCH 20**
If your idea is a good one and if you are committed to it heart and soul you can make it work at any time — and there is no time like the present.

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*Conditions apply. *Valid on new Air Canada domestic bookings for travel between Sept 8 and Dec 16, 2009 based on availability with a 5-day advance purchase. Offer ends July 23, 2009. ◊Valid on new bookings only made in-store with Flight Centre on Air Canada roundtrip domestic airfare when purchased by July 31, 2009. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG#4671384 TICO

**WORDY GURDY®** BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Biggest-fiddle location (1)
2. Dog shelter auditory effect (1)
3. Fire truck tube emits an aura (1)
4. Without a certain "Peanuts" boy (2)
5. Annoy an Addams Family uncle (2)
6. Laid-back novelist/Nobel winner Saul (2)
7. U.S. Constitution modifier praiser (3)

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ANSWERS 1. BASS PLACE 2. POUND SOUND 3. HOSE GLOWS 4. MINUS LINUS 5. PESTER FESTER 6. MELLOW BELLOW 7. AMENDER COMMENDER

7-23-09

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**Place d'Orleans,** 2nd Floor / Food court..... (613) 841-9999
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**725 Somerset St. W,** China Town..... (613) 236-2222
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**Belleville,** Bell Tower Plaza..... (613) 967-0000
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